

## This is My ISAGENIX Story



Aloha from paradise! My name is Rey Ronquilio. I am a Fitness Professional with over 15 years of experience and I have been a Nationally Certified Personal Trainer since 1991. I have competed and won every major contest here in Hawaii and have ranked as a top 5 national competitor for over 9 years. **I hold the title of Master's National Body-Building Light Weight Champion and Mr. USA Light Weight Champion.**

As a former District Fitness Manager for 24 Hour Fitness Hawaii, I helped transform hundreds of lives by personally coaching and motivating them to achieve success. I believe supplementation is a vital component of health and fitness.

For the past year, I've been doing research on cleansing and detoxification of the body. I've always believed that you need to rid the toxins from your body and replace it with clean nutrition in order to achieve peak performance. The problem was finding a product that I believed in.

Then I was introduced to Isagenix. At first I was very skeptical, but went ahead and tried the 9-Day program. By the end of the 9 days, I felt unbelievable. I slept better, my energy level increased and I felt improved mental clarity and focus. My cravings for sweets has also diminished ~ and as a bonus ~ **I even lost two inches from my waist.**

I used to be a sweet tooth junkie before bedtime until I discovered the Isalean Shake and IsaPro Protein Shake which contains the only organic whey protein that I know of. I blend it with some IsaFuel and a banana and I feel really nourished ~ and **it tastes DELICIOUS !**

***The Ionix Supreme is an amazing product. I take an ounce in the morning, which gives me energy, and an ounce before going to bed, which has helped me sleep better. The adaptogens in Ionix have greatly improved my stamina and recovery time from exercise.***

I now train clients in the convenience of their own home. I specialize in Anti-Aging, body sculpting, and wellness. I recommend all my clients start with **the Isagenix Cleanse** - it is "VITAL". We then work together to correct the muscle imbalances of the body and improve their posture. The next step is to work on improving core stability and functional movements. Only now can I proceed to a specialized program design based on my client's ultimate fitness goal.

*Rey Ronquilio* ~ Honolulu, Hawaii