

THIS IS MY IONIX SUPREME STORY



I have always been pretty athletic and I love being outdoors. I especially love hiking, biking, backpacking and running.

In the past, I have enjoyed running a few Marathons and competing in Triathlons.

In our early 30's - my wife, Teresa, and I started having babies ~ we had 4 children in 9 years. Being the nice husband that I am, with each pregnancy, I would put on almost as much weight as Teresa did. The problem was that Teresa would take off the weight before I did. As a result, I spent my 30's doing very little running and a Marathon was simply out of the question. Because of the extra weight I was lugging around, my back and knees hurt ~ and my joints ached too when I did attempt to run. I would start a routine and would be forced to give it up again because of the intense discomfort.

Then in September of 2004, Teresa found Isagenix. Their 9-Day Nutritional Body Cleansing system helped me drop all of my extra pounds ~ QUICKLY.

Just 2 months after I started using the Isagenix products - which includes the amazing Ionix Supreme ~ **I was able to run a full 26.3 mile Marathon in just 9 ½ minutes miles !** And this was after not running a Marathon in approximately 20 years and with very little training time !

I took the advice of Dan Morgado and I loaded up on Ionix Supreme and Want More Energy before, during, and after my Marathon. I had never felt so good during a run before.

What amazed me the most was that my recovery time lasted only 3 days ! I ran the Marathon on a Saturday and by Wednesday I was completely free of discomfort. Average recovery time for Marathon running is 1 day for every mile ~ **a three day recovery is just unbelievable!**

Ionix Supreme has increased my energy level, my endurance, my strength ~ and it has helped decrease my recovery times. My back, joints, and knees no longer ache or give me problems. **I sleep deeper and feel less stressed.**

I drink Ionix Supreme every day ~ sometimes twice a day ~ and I highly recommend it. I don't know how it works or why it works ~ what I know is that it really does work !

Jack Gearing – Raleigh, NC